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A Guide to Patient Recruitment is designed to help clinical research professionals improve the effectiveness of their patient recruitment efforts. Authored by Diana Anderson Ph.D., with contributions from 15 industry leaders, this 350-page guide offers real world, practical recruitment strategies and tactics grounded in facts and experiences. It is an invaluable resource for educating staff on patient recruitment and in managing recruitment initiatives for clinical trials. Developed in accordance with the essentials and standards of the ACCME. Exam is provided online. Topics include... Trends and issues influencing patient recruitment, retention and ethics; Benchmark data on patient volunteer demographics and recruitment costs; Effective media strategies and tactics; Budget considerations; Guidelines on establishing new recruitment and retention practices. This User's Guide is intended to support the design, implementation, analysis, interpretation, and quality evaluation of registries created to increase understanding of patient outcomes. For the purposes of this guide, a patient registry is an organized system that uses observational study methods to collect uniform data (clinical and other) to evaluate specified outcomes for a population defined by a particular disease, condition, or exposure, and that serves one or more predetermined scientific, clinical, or policy purposes. A registry database is a file (or files) derived from the registry. Although registries can serve many purposes, this guide focuses on registries created for one or more of the following purposes: to describe the natural history of disease, to determine clinical effectiveness or cost-effectiveness of health care products and services, to measure or monitor safety and harm, and/or to measure quality of care. Registries are classified according to how their populations are defined. For example, product registries include patients who have been exposed to biopharmaceutical products or medical devices. Health services registries consist of patients who have had a common procedure, clinical encounter, or hospitalization. Disease or condition registries are defined by patients having the same diagnosis, such as cystic fibrosis or heart failure. The User's Guide was created by researchers affiliated with AHRQ's Effective Health Care Program, particularly those who participated in AHRQ's DEcIDE (Developing Evidence to Inform Decisions About Effectiveness) program. Chapters were subject to multiple internal and external independent reviews. This is an introduction to the patient monitoring technologies that are used in today's acute care environments, including the operating room, recovery room, emergency department, intensive care unit, and telemetry floor. To a significant extent, day-to-day medical decision-making relies on the information provided by these technologies, yet how they actually work is not always addressed during education and training. The editors and contributors are world-renowned experts who specialize in developing, refining, and

testing the technology that makes modern-day clinical monitoring possible. Their aim in creating the book is to bridge the gap between clinical training and clinical practice with an easy to use and up-to-date guide. · How monitoring works in a variety of acute care settings · For any healthcare professional working in an acute care environment · How to apply theoretical knowledge to real patient situations · Hemodynamic, respiratory, neuro-, metabolic, and other forms of monitoring · Information technologies in the acute care setting · New and future technologies

Physicians enter their professions with the highest of hopes and ideals for compassionate and efficient patient care. Along the way, however, recurring problems arise in their interactions with some patients that lead physicians to label them as "difficult." Some studies indicate that physicians identify 15% or more of their patients as "difficult." The negative feelings that physicians have toward these patients may lead to frustration, cynicism, and burnout. Changing How We Think about Difficult Patients uses a multi-tiered approach to bring awareness to the difficult patient conundrum, then introduces simple, actionable tools that every physician, nurse, and caregiver can use to change their mindset about the patients who challenge them. Positive thoughts lead to more positive feelings and more effective treatments and results for patients. They also lead to more satisfaction and decreased feelings of burnout in healthcare professionals. How does this book give you an advantage? Caring for difficult patients poses a tremendous challenge for physicians, nurses, and clinical practitioners. It may contribute significantly to feelings of burnout, including feelings of exhaustion, cynicism, and lost sense of purpose. In response, Dr. Naidorf offers a pragmatic approach to accepting patients the way they are, then provides strategies for providers to find more happiness and satisfaction in their interactions with even the most challenging patients and families. Here are just some of the topics the author discusses in detail: What Makes a "Good" Patient? The Four Core Ethical Principles of the Clinician-Patient Relationship The Four Models of the Physician-Patient Relationship What Challenges Anybody with Illness or Injury? How "Good" Patients Handle the Challenges of Illness and Injury Six Common Reactions to Illness and Hospitalization On "Taking Care of the Hateful Patient" Standards for Education in Medical Ethics De-escalation Strategies Cultural, Structural, and Language Issues Types of Patients Who Tend to Challenge Us The Think, Feel, Act Cycle Recognizing Our Preconceived Thoughts Three Common Thought Distortions About Patients Asking Useful Questions Getting Out of the Victim Mentality Guiding our Thoughts Through a Common Scenario Show Compassion, Feel Compassion If you're a healthcare provider or caregiver, Changing How We Think about Difficult Patients will give you the benefit of understanding your most challenging patients, and a roadmap to positively changing your mindset and actions to better deliver care and compassion for all. "As a quick, user-friendly reference, this book covers all aspects of effectively managing patients with Parkinson's disease, with discussions of symptoms, causes, patient evaluation, and home care advice. Nurses, physicians, and associated healthcare professions from rehabilitation specialists to social workers will find this an excellent source of information on the many aspects of care of Parkinson's disease patients." --Doody's This book serves as a practical compendium on the management issues related to Parkinson's disease (PD). As a quick, user-friendly reference, the book covers all aspects of effectively managing PD, with discussions of symptoms, causes of PD, patient evaluation, and home care advice. Conveniently organized in bullet-point, encyclopedic format, Parkinson's Disease is the comprehensive, one-stop reference for health professionals treating patients with PD. Four key sections: Problems presents guidelines on addressing complications that occur during the disease process, including anxiety, hallucinations, depression, vision problems, and more Evaluation discusses the numerous patient evaluations required throughout the duration of the illness, such as genetic testing, brain imaging, speech and swallowing evaluation, and more Treatment presents both pharmacological and non-pharmacological treatment approaches for patients with PD Appendices include supplemental reading, medication tools and assessment scales, rating scales, and additional notes

Nurses, primary care doctors, and associated health care professionals--from rehabilitation specialists to social workers--will find Parkinson's Disease the one reference they cannot do without. This definitive, authoritative clinical manual stands alone in the field of patient sedation. Combining essential theory with technical instruction, it presents "everything in a nutshell" for the practicing professional and student of dentistry. Key factors such as the physical, emotional, and mental condition of the patient - as well as required ADA guidelines - are incorporated into sedation techniques designed to improve the patient's overall dental experience. The result is an indispensable book, expert in its professional protocols and techniques, and comprehensive in its wide-ranging considerations. Detailed chapters, divided into eight parts, are devoted to topics on: the problem of fear and anxiety in dentistry; pain and anxiety control; pharmacosedation; history and techniques of general anesthesia; inhalation and intravenous sedation, preparation and management of emergencies in the dental office; and sedation for special needs patients - pediatric, geriatric, and medical and physically compromised patients. Written by an acknowledged expert in the field, the book draws on a wealth of clinical experience and ability. Combines all aspects of sedation with essential theoretical and technical instruction. Techniques are divided into sections on pharmacology, armamentarium, and technique and complications - described in explicit detail that allows it to be used as a chairside reference. Pharmacosedation is covered in full, with discussions of oral, rectal, and IM premedication, as well as nine chapters on inhalation sedation and ten chapters on IV sedation. Covers all of the components required by the ADA guidelines: review of cardiovascular and respiratory physiology; selection of agents; techniques of administration; and management of complications and emergencies. Step-by-step descriptions of inhalation sedation (nitrous oxide and oxygen) and intravenous sedation provide a superb clinical "picture" of the procedures. Chapters on pediatric, geriatric and physically and medically compromised patients offer valuable, up-to-date information on the management of these special needs patients. In-depth discussions of the pharmacology of commonly used sedative agents allow the reader to fully understand properties and characteristics of drugs used. Content has been completely updated to include the most current drug dosage information. More information on recreational abuse of nitrous oxide reflects the current societal trends. The latest American Heart Association recommendations help prevent bacterial endocarditis. Increased emphasis on nitrous oxide/oxygen, as many dental hygienists are becoming certified to administer this form of sedation. New contributors lend credibility and experience to each topic discussed. Content outlines at the beginning of each chapter allow for quick reference of specific topics. Improved illustrations and photographs offer a fresh look, with high-quality art to aid in the visualization of techniques and procedures. Spanish version of 3rd edition also available, ISBN: 84-8174-136-1

This portable, practical guide to diabetes mellitus covers the entire spectrum of disease management wherever health care professionals encounter the disorder, including hospitals, clinics, and physicians' offices. It contains guidelines for the lifelong management of both acute and chronic complications; behavioral approaches to care; the latest pharmacologic therapies; management plans for patients; diabetes education; and therapeutic lifestyle changes, such as nutrition, exercise, and the latest information on treatment and self-management. The book includes sample meal plans and food exchange lists, such as lean protein, medium-fat protein, and high-fat proteins—all with serving portion sizes. Patient recruitment and retention are clearly complex and challenging components of the clinical trials process. In the industry's foremost resource, A Guide to Patient Recruitment and Retention, the authors provide a wealth of practical advice and quantifiable examples on every aspect of patient recruitment. This book builds on the success of the original -- A Guide to Patient Recruitment -- by introducing many innovative, multi-faceted strategies designed to recruit and retain patients in clinical trials. Book jacket. Even the most capable individuals are challenged when confronted with the complexity of the modern hospital experience. The Informed Patient is a guide and a workbook, divided into topical, focused sections with step-by-step instructions, insights, and tips to illustrate what patients and their families can expect during a hospital stay. Anyone who will experience a hospital stay—or friends or family who may be in charge of a patient's care—will find all the help and advice they could need in the detailed sections that cover every aspect of what they can expect. Karen A. Friedman, MD, and Sara L. Merwin, MPH, offer hands-on advice about how patients, health care providers, and medical staff can work together to achieve good outcomes. Through anecdotes, tips, sidebars, and clinical scenario vignettes, The Informed Patient presents ways to enhance and optimize a hospital stay, from practical advice on obtaining the best care to dealing with the emotional experience of being in the hospital. The book is about you. Traditional healthcare sometimes doesn't respond to specific needs and thus you may feel the need to explore & find a way to improve your quality of life. When you have a simple flu or a minor infection, following the rules of your local health system, your insurance procedures, or friends advice might not work. It's time to take responsibility over your own health. Even if it means getting educated on overseas options, emerging techniques and groundbreaking research. This book explains, in a simple language, the scope of Stem Cell therapies, the realistic expectations, as well as different forms of SCT, so that you can make an informed decision if this type of therapy is right for you. With new medications, medical therapies, and increasing numbers of older and medically complex patients

seeking dental care, all dentists, hygienists, and students must understand the intersection of common diseases, medical management, and dental management to coordinate and deliver safe care. This new second edition updates all of the protocols and guidelines for treatment and medications and adds more information to aid with patient medical assessments, and clearly organizes individual conditions under three headings: background, medical management, and dental management. Written by more than 25 expert academics and clinicians, this evidence-based guide takes a patient-focused approach to help you deliver safe, coordinated oral health care for patients with medical conditions. Other sections contain disease descriptions, pathogenesis, coordination of care between the dentist and physician, and key questions to ask the patient and physician. From registered nurse and public health advocate Sana Goldberg, RN, a timely, accessible, and comprehensive handbook to navigating common medical situations. From the routine to the unexpected, *How to Be a Patient* is your ultimate guide to better healthcare. Did you know that patients have statistically better outcomes when their surgeon is female? That you can mark-up an informed consent sheet before you sign it, or get second opinions on CTs and MRIs? That there's a blue book for healthcare procedures, or an algorithm to decide between ER, Urgent Care, and waiting-until-Monday? In *How to Be a Patient*, nurse and public health advocate Sana Goldberg walks readers through the complicated and uncertain medical landscape, illuminating a path to better care. Warm and disarmingly honest, Goldberg's advice is as expert as it is accessible. In the face of an epidemic of brusque, impersonal care she empowers readers with the information and tools to come to good decisions with their providers and sidestep the challenging realities of modern medicine. With sections like *When All is Well*, *When It's An Emergency*, *When It's Your Person*, and *When You Have to Stand Up to the Industry*, along with appendices to help track family history, avoid pointless medical tests, and choose when and where to undergo a procedure, *How to Be a Patient* is an invaluable and essential guide for a new generation of patients. This updated Fourth Edition of Jill Gehrig's highly visual, step-by-step guide takes dental hygienists-in-training through the process of patient assessment, emphasizing both the actual physical assessment and the human interaction involved. The Fourth Edition includes four chapters on communication (including an all-new motivational interviewing chapter), as well as unique Human Element sections that include real-life experiences shared by patients, students, and clinicians. Enhanced by case studies, student learning aids, videos, and a new audio glossary, *Patient Assessment Tutorials* provides students with everything they need to succeed in the course and their future careers as dental hygienists. With new medications, medical therapies, and increasing numbers of older and medically complex patients seeking dental care, all dentists, hygienists, and students must understand the intersection of common diseases, medical management, and dental management to coordinate and deliver safe care. This new second edition updates all of the protocols and guidelines for treatment and medications and adds more information to aid with patient medical assessments, and clearly organizes individual conditions under three headings: background, medical management, and dental management. Written by more than 25 expert academics and clinicians, this evidence-based guide takes a patient-focused approach to help you deliver safe, coordinated oral health care for patients with medical conditions. Other sections contain disease descriptions, pathogenesis, coordination of care between the dentist and physician, and key questions to ask the patient and physician. This well organized, easy to read book includes many detailed case histories of difficult patient interactions and suggestions for how to be most effective. Study/discussion questions can be found at the end of each chapter with one unresolved case for discussion. The author has interacted with thousands of patients. This book is an excellent teaching text. Caring for a loved one in a coma is a distressing time, full of many questions, and often, not as many answers. *Guide to a Comatose Patient* is a first-of-its-kind book that steps into the shoes of the neurologist, to show the perspective of the staff caring for their loved ones — what worries us, how we think and intervene, what we can and cannot predict, and what we know as a certainty. In our hospital ICUs, there are more than a dozen comatose patients at any given point of time. Causes of coma can range from drug-induced coma—in which medications are used to calm the patient and allow the ventilator to work properly—to coma due to intoxication and coma related to a brain injury. No matter the reason, it can be a distressing time for loved ones. *Guide to a Comatose Patient* is a helpful guide for any family member or loved one confronted with coma. Author Eelco F. M. Wijdicks, M.D., Ph.D., a leading neurologist and attending neurointensivist at Mayo Clinic, begins each chapter by sharing helpful anecdotes from a career spanning four decades, before diving into the answers to commonly asked questions, such as: • What are the causes of coma? • When will the patient wake up and recover? • When is no recovery expected? • When should we consider organ donation? • What are the rates of survival? While there are many books on families' experiences with acute traumatic brain injury and coma, Dr. Wijdicks offers an unusually candid conversation that allows a peek inside the minds of the doctors caring for your loved one. Having had many experiences talking to families having to make difficult decisions at a very difficult time, Dr. Wijdicks's message is hopeful while remaining grounded in reality—a reality in which facts must dictate actions. *Guide to a Comatose Patient* provides important information so that families better understand treatment options, but most importantly, the book offers an open dialogue and optimal transparency to help provide hope and healing through times of grief. **WHY YOU SHOULD NEVER HAVE AN OPERATION IN JULY AND OTHER LIFESAVING ADVICE!** "This book offers practical advice about how to keep yourself free from harm and error in hospitals, and how to assert yourself in cases such as getting stuck with a bad roommate or a rude doctor. Includes chapters on taking children to the hospital and how to be prepared before an emergency." — *The Wall Street Journal* *Hospital Survival Guide* is the essential patient handbook to ensure that you and your family emerge from hospital visits healthier than before checking-in and without having to endure excessive stays, pain or indignities. Includes practical tips, warnings and surprising information you doctor might not tell you, such as the fact that July, when the new interns start, is the most dangerous month to have a procedure done at a teaching hospital; EMLA anesthetic cream can be requested to be used on children's skin, allowing for less painful I.V. starts; and washing off all iodine-based antiseptics thoroughly after surgery can prevent chemical burns. Proven tips for reducing hospital bills are also presented. Dr. Sherer will teach you how to: Find the Best Hospital for Your Condition Demand & Receive the Best Care Avoid Unnecessary Pain & Complications Protect Your Health from Human Error Navigate Emergency Room Care Educate Yourself on Your Condition & Your Rights Protect Your Financial Health & Reduce Your Bills Choose Between Bundling Services Versus "Fee for Service" - Pricing/Pros & Cons Work the System to Get What You Need Maximize New and Innovative Ways to Use the Internet for Self-Education Deal with the Impact of Pandemic Emergencies, Natural Disasters and the Opioid Crisis on Your Care Learn More about Artificial Intelligence, Robotic surgery and Using Big Data Decide if "Medicare for All" is Feasible and the Social Determinants on the Allocation of Healthcare And Much Much More! "I recommend this book for everyone, especially people who are undergoing their first operation in a hospital. Being aware of the services offered or not offered in the hospital and learning ways to reduce anxiety can be invaluable throughout one's hospital stay. For health care providers, the *Hospital Survival Guide* offers excellent insight into many of the uncertainties that patients face as they enter into the unknown world of the hospital. Even though we hear the alarming statistics every day, the book is a powerful reminder of all of the mistakes that can be made in the course of care and what we all can do to reduce the likelihood of experiencing a medical error ourselves." — *P&T® Journal* George Annas, America's leading proponent of patient rights, spells them out for you in this revised, up-to-date edition of his groundbreaking classic. Thorough, comprehensive, and easy to follow—using a question-and-answer format in much of the text—*The Rights of Patients* explores all aspects of becoming an informed patient: • hospital organization • hospital rules • emergency treatment • admission and discharge • the patient rights movement • informed consent • surgery • obstetrical care • human experimentation and research • privacy and confidentiality • care of the dying • death, autopsy, and organ donation • medical malpractice. Fifth Edition, 2013 Revision. *Pulmonary Hypertension: A Patient's Survival Guide* serves as a soup-to-nuts resource book covering many of the questions patients and their loved ones might have about living with pulmonary hypertension. The book (350+ pages) includes topics like the mechanics of PH, the latest treatments, patient care and lifestyle issues. *The Story: Every day in the United States an estimated 550 people die from preventable medical errors, which is approximately 200,000 people a year, making it the 3rd leading cause of death in the United States.* (Healthgrades 2004) On April 14, my mom, Louise Batz, went to have knee replacement surgery. That night, a medical error caused Mom to sustain an injury from which she could not recover. She lost her life eleven days later. *The Mission: The mission of the Louise H. Batz Patient Safety Foundation is to help prevent medical errors by ensuring that patients and families have the knowledge they need to promote a safe hospital experience for their loved ones and to support innovative advancements in patient safety. Our greatest hope is that families, patients, and caregivers will work together as a TEAM to improve safety in our hospitals. The Use of the Guide: Our hope is that you and your family can use this guide in*

order to improve the quality of your loved one's hospital stay. We hope that by using the guide, you will be better equipped to aid the care team in the reduction of adverse events. Organize your questions and concerns as soon as you learn about an upcoming surgery or procedure. This packet will be useful during pre-surgery appointments, during your time in the hospital, at home post-surgery and for follow up visits and appointments. We encourage you to include personal questions based on feelings or concerns and utilize the questions provided in the Batz Guide for Bedside Advocacy. What's in the Guide: In this guide you will find all sorts of tools that will help you in all aspects of your hospital stay. You will find places to store personal information such as medication logs, the names of your medical team, and surgery summaries; you will find information on who to contact in case of emergency, charts of who is in charge, and who to call to get things done; and you will find advice, definitions, must ask questions, and places to keep and store all of those little details that can and will help keep you or your loved one more safe. "This book answers 'why not' and 'how to' for health care accreditation bodies, quality experts, and frontline professionals, moving the reader from timely information, to inspiration, and through patient-centered action with practical tools and potent case studies." —Paul vanOstenberg, DDS, MS, vice president, Accreditation and Standards, Joint Commission International "This superb guide from Planetree illustrates that providing high-quality, high-value, patient-centered health care is not a theoretical ideal. The case studies make clear that these goals are attainable; they are being achieved by leading health care organizations worldwide, and there is a clear road map for getting there—right here in this book." —Susan Dentzer, senior policy adviser to the Robert Wood Johnson Foundation "At IHI, we follow the principle, 'all teach, all learn'—the idea that everyone, everywhere has something to teach, and something to learn. This remarkable and indispensable guide is as pure an example of this principle as I've come across." —Maureen Bisognano, president and chief executive officer, Institute for Healthcare Improvement "The International Society for Quality in Health Care's mission is to inspire, promote, and support continuous improvement in the quality and safety of health care worldwide. It is in this spirit that we welcome this new book on patient-centered care. As in their previous work, the authors demonstrate just how critical it is to develop an organizational culture that puts patients first." —Peter Carter, chief executive officer, International Society for Quality in Health Care The Chapter Leader's Guide to Patient Rights: Practical Insight on Joint Commission Standards Jean S. Clark, RHIA, CSHA Quick, concise standard explanations for patient rights chapter leaders The Chapter Leader's Guide to Patient Rights breaks down the Joint Commission's patient rights requirements into easy to understand solutions to meet the challenges of these complex standards. You get simplified explanations of the chapter's key components along with communication techniques to help foster a strong and successful partnership between survey coordinator and chapter leader. Plus, to make staff training easy, this guide includes a downloadable PowerPoint(R) presentation highlighting key compliance takeaways. Also, receive bonus tools which include: Rights and Responsibilities of the Individual and Key Player Outline Rights and Responsibilities of the Individual Tracer Tool Patient Rights Direct Impact Standards List Chapter Captain Checklist Benefits of The Chapter Leader's Guide to Patient Rights: Keys to creating a culture of providing patient care, treatment, and services in a way that is collaborative with the individual patient Tips and suggestions for developing and implementing policies for selected elements of performance Guidance on communication techniques to inform patients of their individual rights and responsibilities Tools for proper delegation of roles and responsibilities to appropriate staff A responsibility checklist for chapter leaders to ensure compliance with patient rights standards What's inside: Interpretation of the newly revised Joint Commission patient-centered communication standard Simplified explanation of the requirements under the patient rights chapter Strategies to help patients participate in their own care decisions Description of informed consent, who participates and how to gain it from patients in a compliant way Easy-to-implement services your organization can provide for patients to inform them of their rights Table of Contents Part I: Patient Rights in the Organization The Rights and Responsibilities of the Individual How Does this Chapter Affect the Organization as a Whole? What is Its Impact on Leadership and Administration? Who Owns the Requirements of this Chapter? Part II: Communication and Impact of Patient Rights Getting Organized Duties of the Chapter Captain Communication to Physicians and Staff Communication to Patients The Impact of this Chapter Part III: Implementing Patient Rights Designing and Implementing Policies The Patient Handbook The Medical Staff Other Caregivers, Nurses, and Staff The Board and Senior Leadership Tracers and Chart Reviews Impact on Patient Care Who will benefit? CPHQ, CSHA, accreditation coordinators, accreditation specialists, survey coordinators, Joint Commission survey coordinators Earn Continuing Education Credits National Association for Healthcare Quality (NAHQ) This activity is pending approval by the National Association of Healthcare Quality for CE credits. A washed-up director (Joe Piscopo) agrees to stage a musical in order to clear his debts to a powerful gangster (Paul Sorvino). Michael Paré and Erika Christensen co-star. ~ Jason Buchanan, Rovi At once a novel and a guide, this book takes the reader on a fictional journey through the life of Daniel, a child with cystic fibrosis. Combining essential theory with "how-to technical instruction, this concise guide is the leading reference for basic techniques in sedation and anxiety control in the dental office. The latest guidelines from the ADA and the American Society of Anesthesiologists keep you up-to-date with the latest medical standards. Content on patient management for pediatric, geriatric, physically compromised, and medically compromised patients helps you successfully treat any patient population. In-depth discussions of the pharmacology of commonly used sedative agents allow you to fully understand properties and characteristics of drugs used. Combines all aspects of sedation with essential theory and instruction Boxes and tables highlight key information and make it easy to find important content. Chapter 40-Legal Considerations includes the current liability standards for patient treatment to help you protect yourself and your patients. Chapter 41-The Controversial Development of Anesthesiology in Dentistry focuses on the growing controversies, legal and otherwise, from both without and within the profession. Updated patient management procedures provide the most current guidelines on everything from AHA CPR standards to the safest sedative procedures. Full-color art program shows anatomy and other important concepts in vibrant detail. Photos of the newest sedation and emergency equipment ensure you have the latest information on developments in the field. Narrative examples of common situations demonstrate how conversations about medical error can lead to healing. This reference provides essential information on therapeutic nutrition and contains 135 patient education handouts that health care providers can reproduce and give to patients. Included within the handouts are ones on recommended dietary allowances, the latest food pyramid, prediabetes, glycemic index, mercury and fish safety, food allergy, and 16 specific diets for medical conditions. Each patient education handout is prefaced by an overview that offers guidelines on nutritional interventions and patient education. The book also includes discussions on nutritional controversies and eating disorders and a list of additional resources. The spiral binding and flip-chart format enable health care providers to find and reproduce patient handouts quickly. Over the past several years there has been increasing information in the medical literature regarding the health benefits of a Mediterranean diet. Clinicians may not be informed on advances in nutrition, and studies have demonstrated that they do not spend much time discussing food as a means for promoting health with patients. The Mediterranean Diet: A Clinician's Guide for Patient Care is an essential new volume that serves as an update and a reference for clinicians on the Mediterranean diet. Specific diseases and the effects the Mediterranean diet have on them are outlined. Diseases and conditions that are outlined include heart disease, stroke, Alzheimer's, depression, cancer, allergies, asthma, arthritis and diabetes. A detailed analysis of the specific nutrients in a Mediterranean diet and the food groups containing them is also included. A useful guide containing daily meal plans and an extensive recipe section prepared by a team of dietitians can be found in the patient resources section. The Mediterranean Diet: A Clinician's Guide for Patient Care provides a useful summary of the constituent components and health benefits of a Mediterranean diet to health professionals. This book will help all health professionals involved in the rehabilitation of older people to provide their patients with the highest possible quality of life and autonomy. Expanded and rewritten by a diverse team of authors, the text is suitable for doctors in all specialties that see older patients, as well as nurses, physiotherapists, occupational therapists, psychologists, dietitians, speech and language therapists/pathologists, physician associates/assistants, healthcare assistants, and many others including patients, family members and students. The book is written in an accessible, no-jargon style and provides a patient-centred perspective on recent advances in the field of rehabilitation - an increasingly important aspect of care for older people. Clear explanations of relevant concepts: ageing, frailty, comprehensive assessment, rehabilitation Broad coverage of all aspects of rehabilitation including different settings Explanations of input from multiple health professionals Problem-based section that highlights solutions to common issues during rehabilitation Specialty-specific areas of rehabilitation such as stroke rehabilitation, cancer rehabilitation, post-operative rehabilitation, trauma, rehabilitation in the community Practical section explaining how to plan discharge safely, run a care planning meeting, organize home

supports, continue rehabilitation at home Evidence-based but accessible writing, complemented by practical clinical wisdom Aimed at a broader audience - applicable to all health professionals who see older patients Resources for patients and their caregivers Multiple-choice questions to test knowledge Offers information on the symptoms, diagnosis, medications, side effects, alternative treatments of lupus along with advice on coping with lupus. This one-of-a-kind guide offers easy-to-understand explanations, advice, and management options for patients or parents of patients with cystic fibrosis. The book explains the disease process, outlines the fundamentals of diagnosing and screening, and addresses the challenges of treatment for those living with CF. As one reviewer said, this book "is the only complete answer book for everyone living with the disease. It is an indispensable resource for families of children with CF, adolescent and adult patients, and physicians, nurses, respiratory therapists, and social workers involved in the care of CF patients." The Endo Survival Guide is the patient's essential companion to living with and overcoming endometriosis and pelvic pain: from seeking help and getting an initial diagnosis, to navigating treatment options, and achieving optimal relief and wellness." Despite the evolution and growing awareness of patient safety, many medical professionals are not a part of this important conversation. Clinicians often believe they are too busy taking care of patients to adopt and implement patient safety initiatives and that acknowledging medical errors is an affront to their skills. Patient Safety provides clinicians with a better understanding of the prevalence, causes and solutions for medical errors; bringing best practice principles to the bedside. Written by experts from a variety of backgrounds, each chapter features an analysis of clinical cases based on the Root Cause Analysis (RCA) methodology, along with case-based discussions on various patient safety topics. The systems and processes outlined in the book are general and broadly applicable to institutions of all sizes and structures. The core ethic of medical professionals is to "do no harm". Patient Safety is a comprehensive resource for physicians, nurses and students, as well as healthcare leaders and administrators for identifying, solving and preventing medical error. Gold Winner 2012 Foreword Reviews Book of The Year, Health Category The U.S. Centers for Disease Control and Prevention estimates 1.7 million people developed healthcare acquired infections in 2010. Since most people spend only a small part of their lives in healthcare facilities, this guidebook also tells readers how to avoid picking up serious infections in day care centers, schools, business offices, and other common locations. Unlike other books, which focus on how to change the hospital systems, The Patient Survival Guide focuses on empowering you with the knowledge and techniques to ensure a safer healthcare experience. The Patient Survival Guide: Inspires you to be a your own advocate Describes in vivid detail how your preparation and informed vigilance can significantly reduce the chances of harm and death to your loved one in a hospital Provides specific, practical, and outside-the-box strategies for anticipating and preventing errors, with chapters devoted to each of the most common mistakes and mishaps Provides checklists for patients to use upon admission to healthcare facilities This is the 21st edition of Top 100 Drug Interactions, with more than 300,000 copies in print since the first edition was published in 2000. In this book the authors attempt to identify drug interactions that should not be ignored in clinical practice. Management options are given for each interaction to offer the clinician actions that may be taken to reduce the risk of an adverse outcome. The book also contains a clinically useful and comprehensive table of drugs that are substrates, inhibitors or inducers of cytochrome P450 isozymes and ABC transporters. Written by physicians skilled at coaching colleagues in physician-patient communication, this pocket guide presents practical strategies for handling a wide variety of difficult patient interviews. Each chapter presents a hypothetical scenario, describes effective communication techniques for each phase of the interaction, and identifies pitfalls to avoid. The presentation includes examples of physician-patient dialogue, illustrations showing body language, and key references. This edition includes new chapters on caring for physician-patients, communicating with colleagues, disclosing unexpected outcomes and medical errors, shared decision making and informed consent, and teaching communication skills. Other new chapters describe clinical attitudes such as patience, curiosity, and hope. This practical book provides effective, time-efficient strategies for initiating and continuing productive conversations about weight that can be incorporated into any practice setting. It will benefit all clinicians—advanced practice nurses, physician assistants, physicians—from students to experienced providers, whether they provide obesity treatment or refer to those who do. This guide addresses the numerous barriers that clinicians encounter when they contemplate or attempt conversations about weight and provides strategies to reduce and overcome these barriers. It guides clinicians step-by-step through the concepts and skills needed to have conversations that lead to improved health. Each chapter provides useful tools and information about how to move the conversation forward in a respectful, skillful manner. Real life clinical scenarios provide examples of short, productive conversations that incorporate the tools into clinical practice. Many clinicians recognize the importance of discussing weight with their patients yet feel unprepared to do so. Most did not learn about obesity or how to talk about it in their clinical educational programs and have little access to continuing education. Without the knowledge and skills to start a productive conversation, many avoid the topic. This avoidance has a negative impact on the health of those with obesity and pre-obesity. Given that obesity treatment improves outcomes, it is imperative that clinicians are skilled at discussing weight with knowledge and sensitivity. This book meets that gap. Do you feel that your doctor doesn't pay attention to what you say? Does your doctor cut you off when you try to explain how you feel? Do you think your doctor could remember your name without referring to your chart? Does your doctor seem to be in such a hurry that you don't even get a chance to ask your most important questions? Do you spend more time waiting than actually talking to your doctor? Do you understand what your doctor says? At one time or another, we have all had these complaints. This book will teach you how to ask the right questions, understand the answers, and show you how to take more control of your visits to the doctor and your own health. This is the first book in which communication pioneer Barbara M. Korsch, M.D., reveals what she has learned about the doctor-patient relationship dilemma during almost half a century of investigation. In clear, simple language, Dr. Korsch answers most of our common questions: How do I know when I'm sick enough to go to the doctor? How do I know if it's serious enough to go to the emergency room? What do I do if I can't follow the advice my doctor gives me? She walks us through a typical visit to the doctor, showing us how to prepare ourselves so we don't forget the question that has been worrying us for weeks as soon as we walk through the doctor's door. She gives important tips on how to survive the dreaded hospital experience. And she offers insight into the doctor's side of the relationship, showing how doctors are trained to be task-oriented and how their natural human sympathy is discouraged throughout their careers. Finally, she offers patients useful strategies for humanizing the relationship. Korsch's helpful, commonsense recommendations are extensively illustrated with real-life doctor-patient conversations which she recorded on audio and video tape over the course of the last thirty years. She was one of the first medical professionals to emphasize the importance of teaching doctors how to talk to patients as part of their medical training. She serves as consultant and lecturer to medical schools, hospitals, and medical practices throughout the world to help the next generation of doctors communicate with their patients. Above all, after years of research, she has found abundant evidence that the relationship patients form with their doctors directly determines the quality of the care they receive. This is a vital book for anyone who is concerned about their health and who wants to take control of their medical care. So much depends upon asking the right questions and on finding a doctor who will listen to you. This book gives you the tools and the confidence to do just that. **\*\*THE INSTANT #1 NEW YORK TIMES BESTSELLER\*\*** "An unforgettable—and Hollywood-bound—new thriller... A mix of Hitchcockian suspense, Agatha Christie plotting, and Greek tragedy." —Entertainment Weekly The Silent Patient is a shocking psychological thriller of a woman's act of violence against her husband—and of the therapist obsessed with uncovering her motive. Alicia Berenson's life is seemingly perfect. A famous painter married to an in-demand fashion photographer, she lives in a grand house with big windows overlooking a park in one of London's most desirable areas. One evening her husband Gabriel returns home late from a fashion shoot, and Alicia shoots him five times in the face, and then never speaks another word. Alicia's refusal to talk, or give any kind of explanation, turns a domestic tragedy into something far grander, a mystery that captures the public imagination and casts Alicia into notoriety. The price of her art skyrockets, and she, the silent patient, is hidden away from the tabloids and spotlight at the Grove, a secure forensic unit in North London. Theo Faber is a criminal psychotherapist who has waited a long time for the opportunity to work with Alicia. His determination to get her to talk and unravel the mystery of why she shot her husband takes him down a twisting path into his own motivations—a search for the truth that threatens to consume him....